

## Giant Go4Goal Activity Guide

with Activities & Games by Rob Brannon



### **Introduction**

The Giant Go4Goal is a very inclusive goal and can be used to play a fun game called Giant Go4Goal that uses football skills. Giant Go4Goal is a versatile game that can be played on any surface – from a grass field outdoors, to a hard floor indoors. Giant Go4Goal can also be played in a small playing area in cases where space is limited. Giant Go4Goal is an exciting sport that combines the concepts of football and basketball into one unique game that can be played by children and adults alike.

## **Simplified Giant Go4Goal Rules**

Giant Go4Goal has proven to be a fun game for physical education programs, parties, in backyards with neighborhood friends and with kids of all ages and skill levels. When playing Giant Go4Goal in these types of casual settings, you can use one of the following sets of simplified Giant Go4Goal rules:

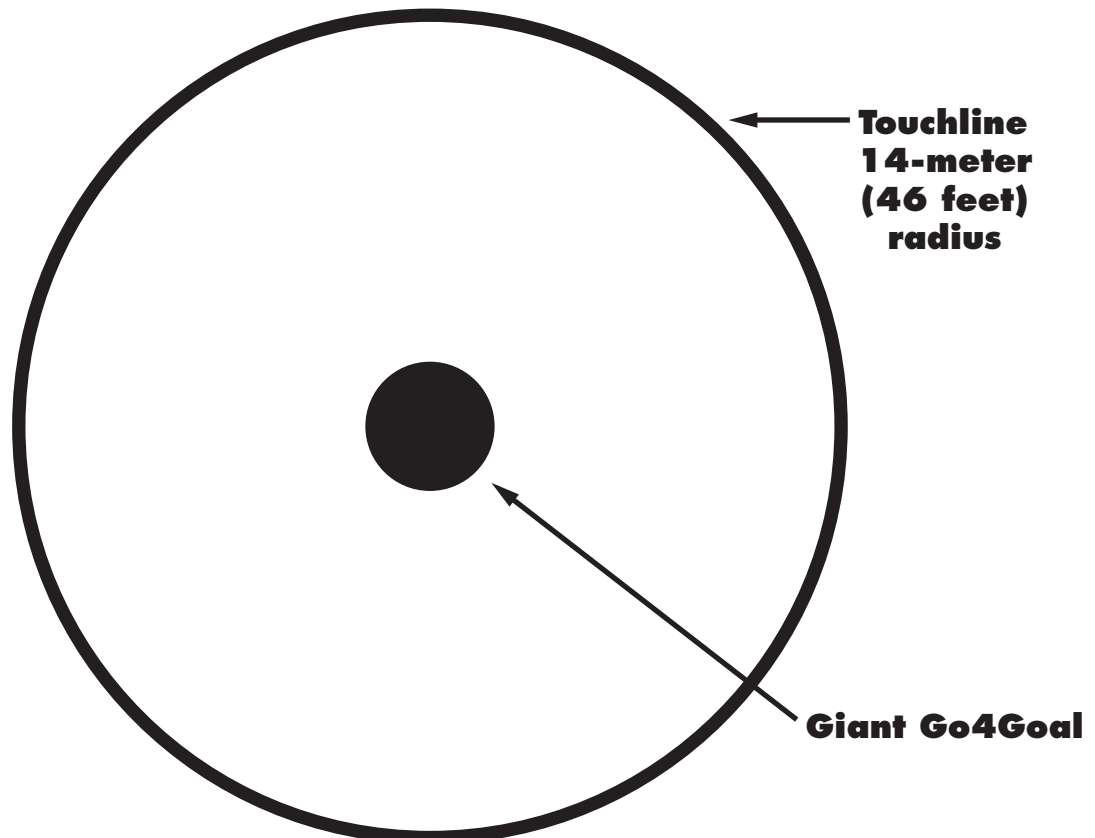
### **Group Free-For-All Rules**

Giant Go4Goal is played like football in that the goal of the game is to kick, to head or to knee the ball into the goal without using your hands. Place the Giant Go4Goal goal at the center of the play area. Now position the players around the Giant Go4Goal. Using the Official Junior Giant Go4Goal Ball, throw this ball into play. Everyone stays in their own personal zone as the ball is kicked and headed from person-to-person until someone scores. The last person to touch the ball before it goes into the Giant Go4Goal gets one point. There is no out-of-bounds in this game. Simply keep the ball in play. The player with the most points at the end of the game wins.

### **Simplified Team Rules**

As always in Giant Go4Goal, the goal of the game is to kick, to head or to knee the ball into the goal without using your hands. Place the Giant Go4Goal goal at the center of the play area. This time divide the players up into two teams. These teams can have as many or as few players as you may want. Use either the Official Giant Go4Goal Ball or the Official Junior Giant Go4Goal Ball based on the ages and skill level of the players. One team will start the game by placing the ball on the ground and kicking it into play. The last person on a given team to touch the ball, before it goes into the goal, is awarded a point for their team. After a scored point, the opposing team gets to kick the ball back into play from outside of the playing area. The Playing Area: this is what makes Giant Go4Goal so flexible as a game. You can play on a basketball court by simply using the basketball sidelines as the boundaries. Or you can draw a circular boundary line with chalk on blacktop, draw the boundaries with a stick on a dirt lot, mark the boundaries on a football field or play with no boundaries at all. When the ball crosses the boundary line, someone from the opposing team gets to throw the ball to his team. The team with the most points at the end of the game wins.

The Suggested Play Area for the Game of Giant Go4Goal using the Giant Go4Goal:



## **Official Team Rules for the Game of Giant Go4Goal:**

Two teams play Giant Go4Goal with at least three players on each team. The winner of the pre-game coin toss gets the ball first. The ball is placed anywhere just outside the circular touch line. The ball is then kicked into play. Any time the ball is placed outside the touchline, the kick will always be an indirect kick meaning that another player must touch the ball before a point can be scored. The last team to touch the ball before the ball goes into the goal is the team that gets the point. In the game of Giant Go4Goal, all baskets made are worth one point. After a point is scored, the opposing team places the ball just outside the touchline, and then they kick the ball into play again.

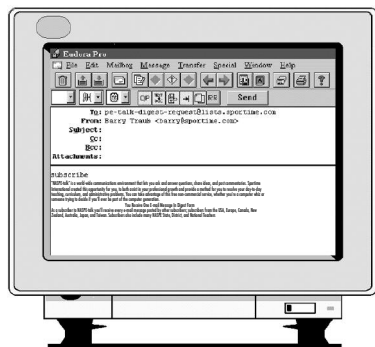
The throw-in is awarded to the opponents of the player who last touched the ball before it crossed the touchline. The throw-in is performed exactly like an official throw-in in football: i.e. the ball must be thrown with both hands while both feet are on the ground, and it must be released overhead. No point is credited if the ball is thrown or bounced directly into the hoop without first making contact with another player.

Giant Go4Goal has two 30-minute halves. The team that lost the coin toss in the first half of the game kicks off in the second half. Each team is allowed two time-outs per half. Each time-out lasts up to one minute. Substitutions may be made at time-outs or between points by the team who is kicking off.

### **Safety Precautions**

- Low headers are dangerous in the game of Giant Go4Goal because headers are so common in the game. Giant Go4Goal players use the head quite often to shoot arching shots toward the goal. Heading the ball below waist level, in close proximity to an opponent, is considered a foul in order to reduce the chances of getting kicked in the face.
- Be careful not to run into the center support pole of the Giant Go4Goal goal. The Giant Go4Goal is located in the middle of the play area, and because of this, the players need to avoid hard contact with the goal.
- Avoid high kicks and reckless headers to keep from injuring yourself and/or others.

*Follow the latest developments and updates at the Official Giant Go4Goal Website: [www.soccette.com](http://www.soccette.com)  
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